## **FACIALS**

Each facial begins with a consultation of your skin's special needs, followed by cleansing, toning, exfoliation, steam, extractions, massage, mask and re-hydration. Our experienced and knowledgeable aestheticians will be happy to make recommendations on the appropriate facial skincare products best suited for you. For noticeable improvements and lasting results, we encourage regular facials and professional home care products.

#### **PRODUCTS**

- Dermalogica Skin Care
- Eminence Organic Skincare
- Jane Iredale Mineral Make-up & Glo-Minerals

#### **European Deep Cleansing Facial**

(allow 50 minutes) \$60.

A deep pore cleansing designed to purify and hydrate congested skin, includes a relaxing face, neck and décolleté massage.

## Photo-Rejuvenation (L.E.D.) Facial (Light Emitting Diodes)

(allow 60 minutes) \$80.

This is truly 21st century technology! A soothing red light reaches beneath the skin, this combination facial/light therapy can help aging or sun damaged skin by stimulating collagen production and inner skin firmness.

#### **Anti-Aging Facial**

(allow 50 minutes) \$70.

Results are seen as this highly concentrated Lactic Acid or enzyme peel cleanses away dead skin cell build-up, and improves the quality and appearance of dull dry skin.

#### Acne Facial

(allow 50 minutes) \$65.

Soothe and calm acne while helping skin to heal and repair. includes helpful instructions on skincare.

#### Rosacea Facial

(allow 50 minutes) \$65.

This is the perfect facial for delicate skin or skin that is easily irritated by the environment, causing dilated capillaries and redness in the face. Our trained aestheticians will be happy to make recommendations on the appropriate skincare products best suited for this skin condition.

#### Teen Facial or Express Facial

(allow 30 minutes) \$45.

Skin analysis, deep pore cleansing, facial massage, exfoliating masque and moisturizer with sunscreen

#### **Hydrating Facial**

(allow 80 minutes) \$110.

Complete skin analysis with massage to the face, neck and shoulders with ozonated steam and hot towels. The use of a natural skin peel that creates a noticeable, smoother, softer, more youthful skin surface. Deep hydration with exclusive skin care moisturizers for a radiant, healthy skin. Prepare to be pampered.

### Organic Aromatherapy Facial

(allow 50 minutes) \$65.

A destressing, aromatic experience, this treatment uses the purest natural organic essential oils and plant extracts. Products are chosen to match your skin's needs and are available for purchase.

#### **Purifying Back Skin Treatment**

(allow 45 minutes) \$60.

A facial for the hard-to-reach back, a gently cleansing and exfoliation with hot steamy towels. Designed to eliminate impurities while nourishing your skin.

# MASSAGE THERAPY

Allow your body to surrender to the benefits of therapeutic massage by one of our licensed certified massage therapists. Our female and male staff are trained in a multitude of techniques, designed to relax and rejuvenate the body.

#### Swedish Massage

(50 minutes) \$55.

(60 minutes) \$70.

A classical form of full body massage that relaxes and de-stresses the body, improves muscle tone and stimulates circulation

#### **Neuromuscular Massage**

(allow 60 minutes) \$90.

A highly specific results-oriented method of working with chronic stress and pain. It has been shown to be of therapeutic value for persistent soft tissue distress, injury, fibromyalgia and muscular tension.

#### **Deep Tissue Massage**

(allow 60 minutes) \$85.

Restores the structural and functional integrity of the body by reducing pain and energy loss, improving posture, muscle tone and stimulates circulation.

## Thai Massage

(allow 90 minutes) \$130.

A unique client/therapist interacting massage that is done on a large supporting pad on the floor with the patient fully clothed. The therapist applies specific pressure on the body, a variety of stretching movements are used to relieve tension, increase flexibility and lengthening of muscle and tendons.

## **Aromatherapy Massage**

(allow 50 minutes) \$70.

With the use of organic essential oils, this anti-stress massage induces deep relaxation of the nervous system, eases tired tense muscles and helps establish a healthy equilibrium of the mind, body and spirit.

#### **Couples Massage**

(allow 50 minutes) \$70, each , (1 hour) \$80. Deep Tissue or Hot Stone (allow 50 minutes) \$90. each We reserve our dual room especially for you and your friend, spouse or family member. Choose from Swedish, deep tissue, or aromatherapy massage. Perfect for celebrating an anniversary or entertaining out-of-town friends, or just an excuse to be together.

#### **Hot Stone Massage**

(allow 60 minutes) \$75.

Experience the warm sensation of smooth basalt stones and therapeutic touch. Heat from the stones deeply penetrate the muscles and eases you into a complete state of relaxation.

#### Massage Sampler

(allow 80 minutes) \$120.

Can't decide? Why not try them all? This choreographed massage includes a taste of Swedish, deep tissue, aromatherapy and hot stones. You may need a limo service after this one!

#### Neck, Back and Shoulder Massage

(allow 30 minutes) \$45.

Swedish massage concentrating on the shoulders, back and neck. Relieves tension in these specific regions.

#### Steam Treatment with Neck and Head Massage

(allow 30 minutes) \$50.

Enjoy the benefits of detoxification with steam. You are cocooned in a warm steam tent as you receive a neck and head massage...enjoy!

## **Massage Cupping Therapy**

(allow 60 minutes) \$70.

A full body massage with application of cupping creates suction & negative pressure. Helps to drain excess fluid, loosen adhesion & lift connective tissue. Feels Great!

# **PACKAGES**

# Rejuvenation Deluxe

\$308

(31/2 hrs. approx.)

• Deluxe Massage • Deluxe Facial • Deluxe Pedicure

Salt Glow

# The Unwinder

\$270

(31/2 hrs. apporx.) • Swedish Massage • European Facial • Salt Glow

Pedicure

# Cloud Nine

\$193

(21/2 hrs. approx.)

• Neck, Back, Shoulder Massage

• Anti-Aging Facial w/ Light Peel • Spa Pedicure

# Gentlemen's Spa Package (21/2 hrs. approx.)

Massage
 Facial
 Sports Pedicure

#### Blissful Bride Package (3 hrs. approx.)

• Gentle Organic Facial • Salt Glow • Pedicure • Massage

\*\*\*\* 20% Gratuity is included in Packages above \*\*\*\*

## **WAXING SERVICES**

Not Advisable for those using Retin-A and Accutane.

#### Face Wax & Body Wax

Eyebrow	\$12.	Bikini	\$35.
Lip	\$12.	Brazilian	\$50.
Chin	\$12.	Upper Legs	\$40.
Full Face	\$25.	Lower Legs	\$30.
Half Arm	\$25	Full Legs	\$70.
Full Arm	\$40	Back	(\$45\$60.)
Under Arms	\$18.		

# **FOOT SPECIALTIES**

Our pedicure treatments offer the ultimate in nail care. Our experienced Nail Specialists can assist you in the best nail program for your needs.

#### **Therapeutic and Pampering Foot Care**

Essential Aroma Spa Pedicure
(allow 40 minutes) \$45.
includes shaping, exfoliation,
callus removal, leg & foot
massage & polish

Deluxe Spa Pedicure
(allow 50 minutes) \$60.
includes shaping, exfoliation,
callus removal, leg & foot
mask, massage & polish

# **SPECIALTY TREATMENTS**

**Salt Glow** \$55. (Detoxifies skin & renews texture) (30 min)
Exfoliates your entire body with mineral salts, hot towels and a light massage with neroli lotion to rehydrate your skin.

Steam, Massage, Exfoliation and Seaweed (All-in-One) (allow 50 minutes) \$90.

Body Salt Glow to exfoliate dead skin cells, then a film of seaweed mud covers the body and steam is introduced for 20 minutes. A Perfect way to detoxify and renew your ski

**Brow and Lash Tint** \$15. each or \$25. for both Natural Vegetable Dye Used

## **HAIR SERVICES**

Precision Ladies Haircut	\$40.	Precision Mens Haircut	\$15.			
Updos	\$55.	Mens Color	\$68.			
Highlights	\$75.	Blowdry Style	\$23.			
Haircut and Organic Hair Color Package						
Herbal Hairmask & Massage Treatment \$3						
<b>Keragreen Straightening</b> \$150. <b>Bodywave</b> \$80.						
Organics Color, Purology and Framesi Products Used						

# **MAKEUP ARTISTRY**

Special Occasion Makeup \$35.

Jane Iredale Make-up, the skincare make-up

# **MEN'S SERVICES**

Sports Massage

(30 minutes) \$45. (60 minutes) \$75.

Hot Stone Massage (60 minutes) \$75. Sports Pedicure (40 minutes) \$45.

Purifying Back Treatment (45 minutes) \$50.

# **CANCELLATION / RESERVATION POLICY**

To better serve our clients, we require a <u>24 hour</u> cancellation notice for single spa services, and a <u>48 hour</u> cancellation notice for multiple spa services or spa packages. Missed appointments that you have scheduled with Gift Certificates will be forfeited.

We accept Mastercard, Visa, and Discover Cards to secure your appointments in advance.

#### MEMBER:

American Massage Therapy Association (AMTA) and SpaFinder







Spend an Hour. Spend a Day.

07/2012